Villanova Engineering Mission Trip

to

Amigos de Jesus A Home for Boys

in

San Jose de Las Colinas, Honduras

Saturday, March, 1, 2008

To

Saturday, March 8, 2008

A Personal Reflection Journal for

This collection of questions is designed to help you reflect as you embark on this incredible journey. Each page provides questions for a given day of the trip. There are also questions that should be filled out a few weeks before the trip and a few weeks after the trip, respectively. You need not follow a specific format; the questions are merely designed to stimulate thought. What you write is for your own personal benefit; these booklets will not be collected at the end of the trip. You may wish to transcribe the questions into another location if you are already keeping a personal journal. Whatever the case, reflecting on your experience, before, after, and most importantly while you are in Honduras, will help you get the most out of this journey. Happy writing.....

Dave and Shawn (Dr. D and Dr. G)

Why are you going on this trip? What do you hope to get out of this experience?
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What was the reaction of your friends and family when you first told them of this
adventure?

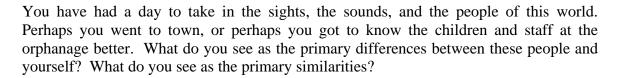
What do you think you will miss the most about "home" while you are in Honduras?
What is your biggest fear or apprehension about the week that you will spend in Honduras?
What are you most looking forward to while you will be in Honduras?

If you have not been on a mission trip to Amigos de Jesus before, what do you think a typical day will be like? If you have been to Amigos de Jesus before, what do you think will make this trip different compared to your previous trip(s)? Is there anything special you are looking to accomplish?
What do you think is the most important aspect of the trip for Drs. Dinehart and Gross?
How aware are you of the current state of international affairs? Did you consider this state prior to making your decision to leave the US?

Sunday

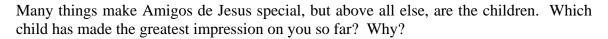
The bus ride from San Pedro Sula to Amigos de Jesus was the beginning of your Honduran journey. What images from the ride stand out the most in your mind?

Monday



"Home" might be one of the last things on your mind, but for many of those that you have left behind for the week, whether parents, friends, spouses, children, or significant others, you are surely close by in their mind. What would those closest to you think if they could see you now?

Tuesday



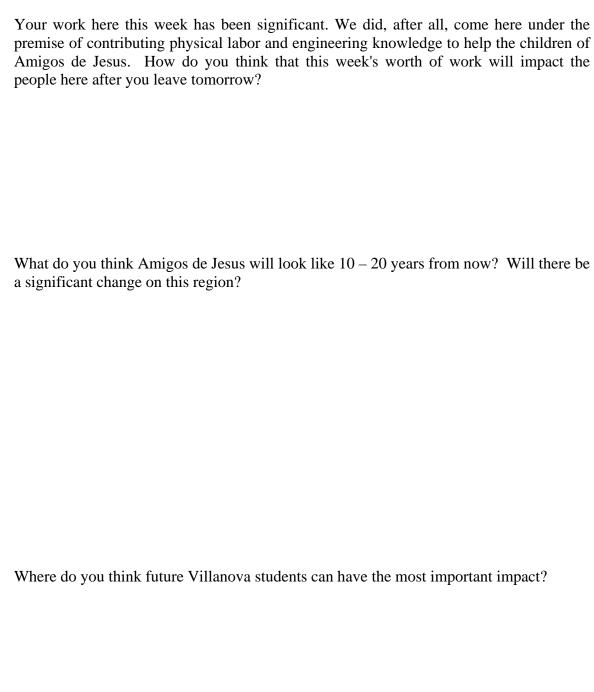
One of the most significant aspects of the trip is clearly the group dynamic that develops among those of us placed in a foreign land for a week. You have had an incredible opportunity to meet people, build new friendships, and learn more about those that you have embarked on this journey with. What one member of the group, that you did not know "well" before the trip, has made the biggest impression on you?

Wednesday What has been the funniest moment of the trip in your mind so far?

What has made your heart break?

Thursday Based on your experiences this week, how will your daily life be altered when you return home? How will this experience make you a better engineer?

Friday



Saturday

The week has wound to a close, and you have hopefully had an incredible and memorable journey. Describe the sense of accomplishment that you have for both yourself and the group.

Post-Trip Reflections
After a day or so in Honduras, you reflected on the differences and similarities between the local Hondurans and yourself. Now that you have been home for awhile, look back at your previous answer. After spending a full week and some time at home now, how do you feel your answer would change (if at all)?
What one thing do you miss the most about Amigos de Jesus?

Additional Post-Trip Reflections

